

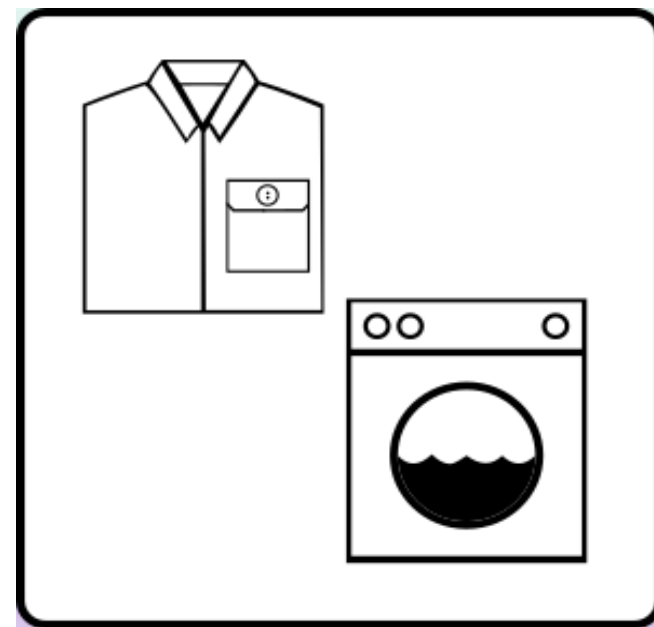
# Loads of Fun from Hamper to Drawer

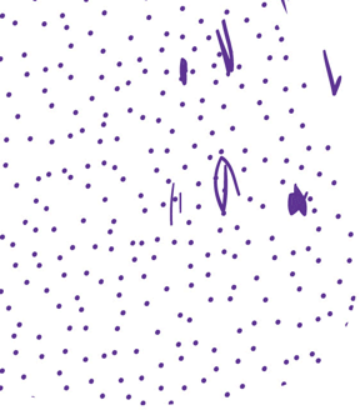
A group of seven diverse young adults, four women and three men, standing in a line against a plain white background. They are dressed in casual clothing, including t-shirts, jeans, and trousers. From left to right: a woman in a green t-shirt and black pants; a man in a grey and black raglan shirt and grey pants; a woman in a light blue t-shirt and tan pants; a man in a white and blue raglan shirt and blue jeans; a man in a dark green t-shirt and tan pants; a woman in a yellow t-shirt and blue jeans; and a man in an orange t-shirt and blue jeans. They are all smiling and looking towards the camera.



# What We Will Learn...

- How to Sort, Wash & Dry Clothes
- How to Iron Clothes
- How to Store Clothes











# SORTING IT OUT



# Sorting it Out

## Read the Label



WASH		
<i>MACHINE WASH CYCLE</i>		
		
Normal	Permanent Press/ wrinkle resistant	Gentle/ delicate
<i>WATER TEMPERATURE</i>		
● ● ●	● ●	●
Hot (50°C/120°F)	Warm (40°C/105°F)	Cold/cool (30°C/85°F)
		<i>WARNING SIGNS</i>
Hand wash		
		Do not wash
		
		Do not wring

Sorting it  
Out















Read the Label



Sorting it  
Out

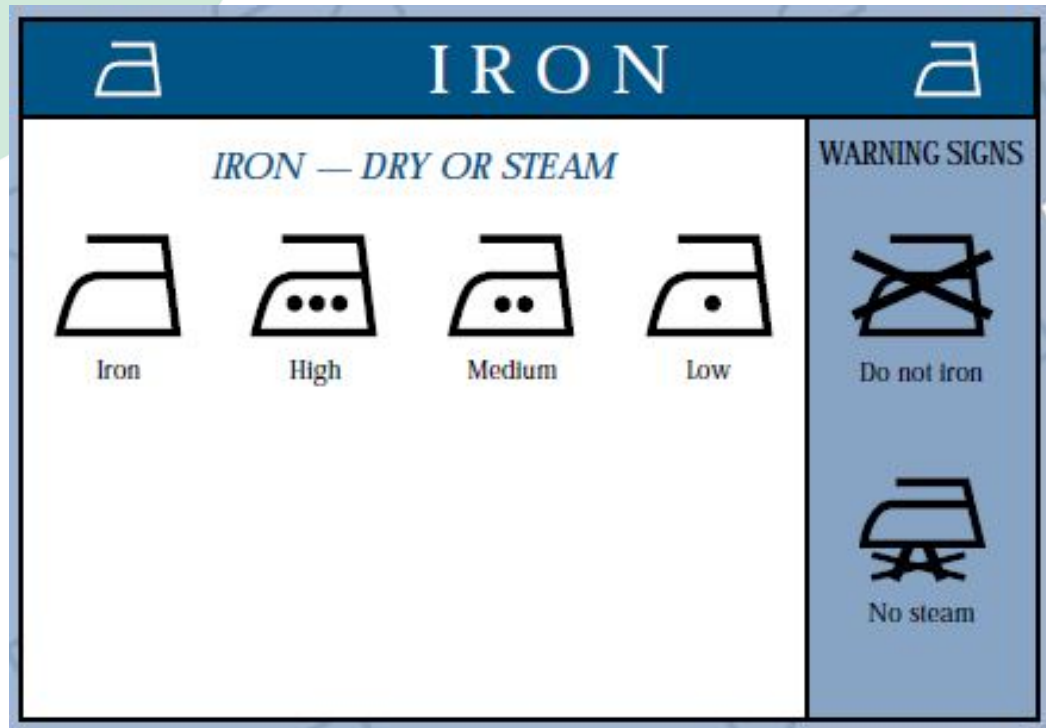
Read the Label



□ DRY □				
<i>TUMBLE DRY CYCLE</i>				<b>WARNING SIGNS</b>
				
Dry	Normal	Permanent Press/ wrinkle resistant	Gentle/ delicate	
<i>HEAT SETTING</i>				 Do not tumble dry
				
High	Medium	Low	No heat/air	
<i>SPECIAL INSTRUCTIONS</i>				 Do not dry (used with do not wash)
				
Line dry/ hang to dry	Drip dry	Dry flat	In the shade	

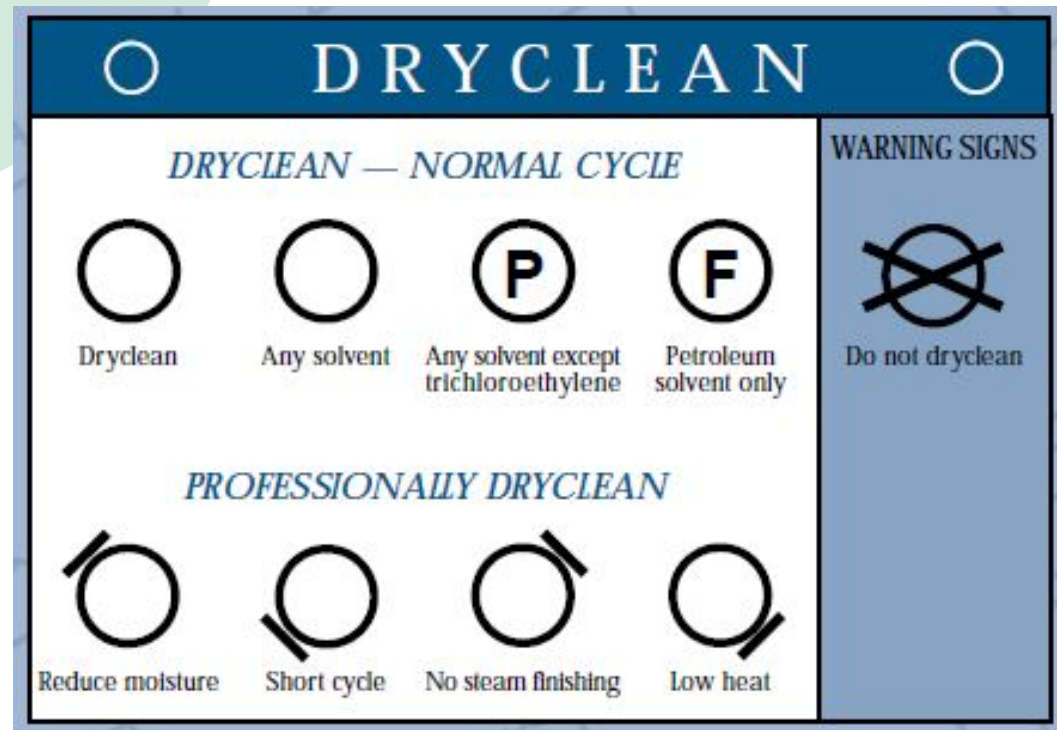
Sorting it  
Out

Read the Label



Sorting it  
Out

Read the Label





## Sorting it Out

### *MACHINE WASH CYCLE*



Normal



Permanent Press/  
wrinkle resistant



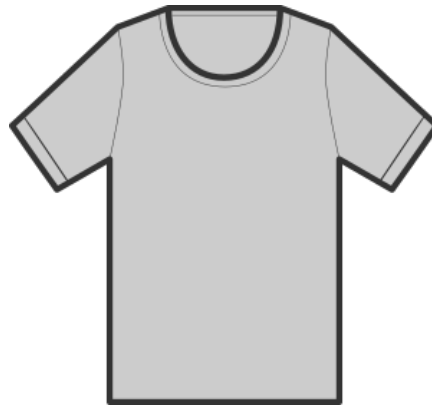
Gentle/  
delicate

## READ CLOTHING LABELS

- Pull out clothes labeled “Dry Clean Only”
- Separate hand washable and delicate items
- The dyes from new clothes may run.  
Pull out for a separate wash.

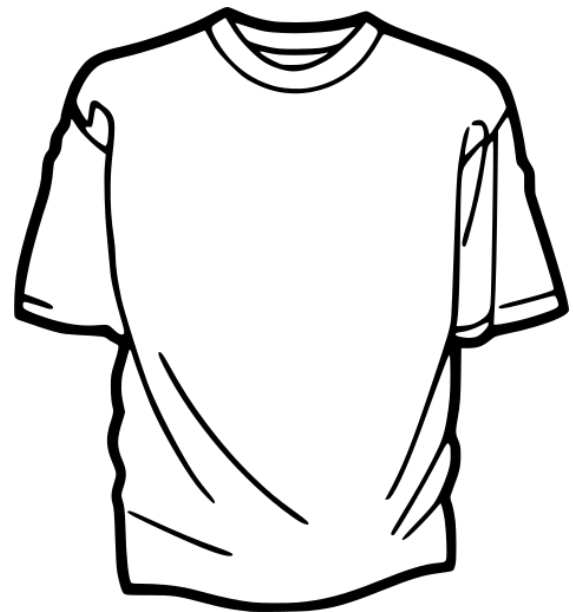
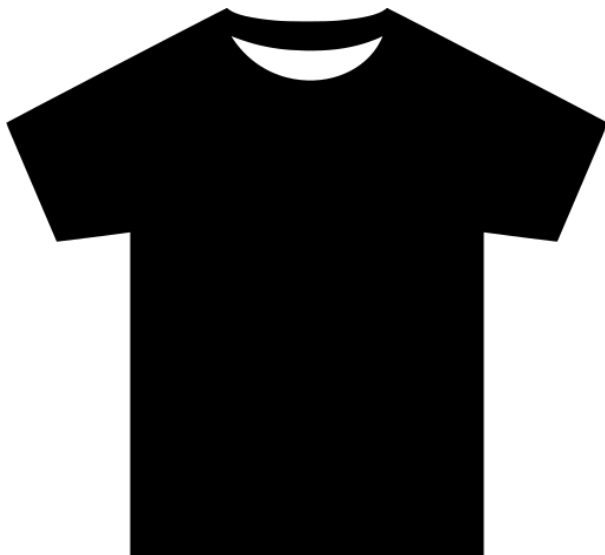
# Sorting it Out

Separate clothes by fabric and color



## Sorting it Out

Sort dark clothes  
from light clothes





Sorting it  
Out

Separate fabrics



Polyester



Silk



Cotton





## Sorting it Out

Button and zip pants up before washing to retain their shape.

Empty pockets!





## Sorting it Out

Place delicate items (bras, lingerie, etc.) In a mesh bag for a gentler wash





## Sorting it Out

Turn jeans inside out to  
protect color



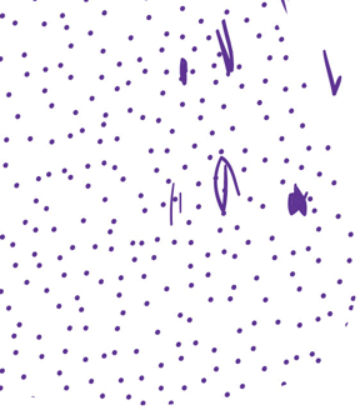


## Sorting it Out

Sheets as well as towels should be washed separately from clothes

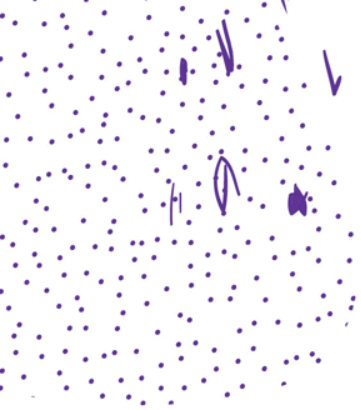






# Activity #1: Sorting It All Out





# THE WASH



# The Wash

Use the proper  
amount of detergent



# The Wash

If using bleach, use with  
white clothes only



# The Wash



Load the right amount of clothes.

A stuffed washing machine will not clean clothes.



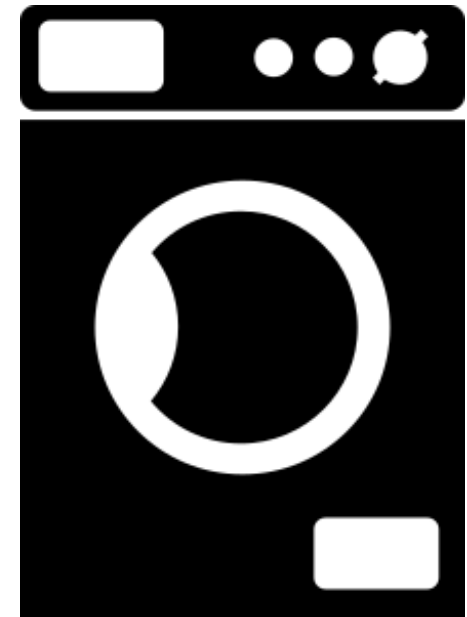
# The Wash

Choose the right load size

A Small Load = approximately 1/3 of washing machine tub

A Medium Load = approximately 1/2 of washing machine tub

A Large Load = approximately 3/4 of washing machine tub

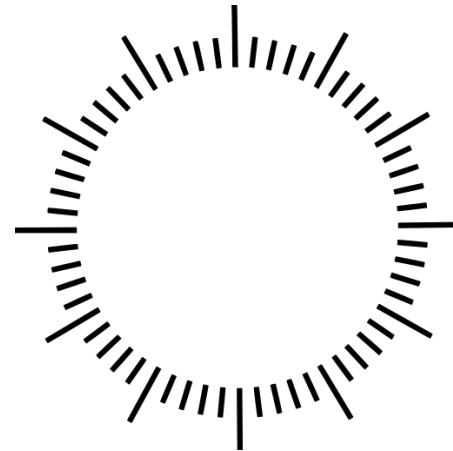




# The Wash

Choose the right cycle

- Delicate
- Permanent Press
- Cotton/Regular
- Pre-Wash



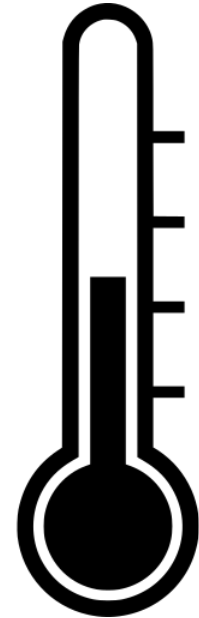


# The Wash

Choose the right temperature

- Hot water for towels and sheets
- Cold water for dark clothes
- Warm water for polyester

Rinse clothes in cold water





# Hand Washing Clothes



Hand wash

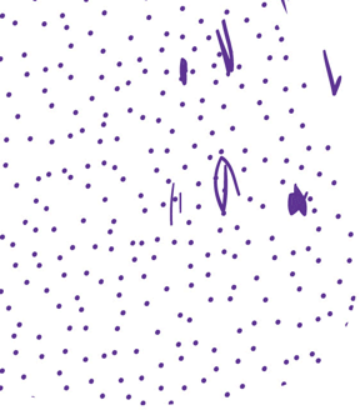
- Read the label
- Unless otherwise indicated:
  - Use cool water
  - Use mild detergent or dishwashing liquid
- Use gentle motions in soapy water
- Rinse and repeat
- Gently squeeze out water
- Lay on towel or drying rack



# Activity #2: Laundry Jeopardy

Hover over “Laundry Jeopardy.”  
Right Click the mouse and select “Open Hyperlink”





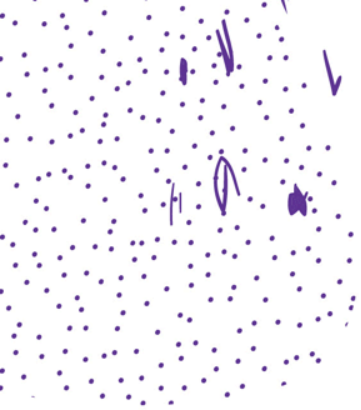
# DRYING OUT



## Drying out

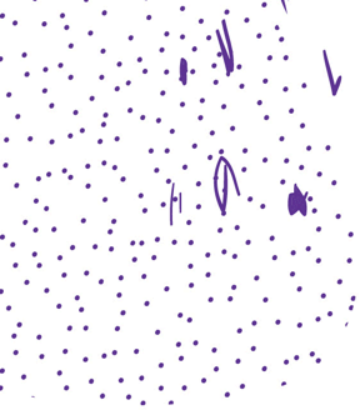
- Check label (for air dry)
  - Dry right after wash is complete
  - Select proper settings
  - Use dryer sheets to soften clothes and prevent static cling
- 
- Fold or hang immediately
  - Clean lint tray
  - Never leave dryer on when leaving home





# ACTIVITY #3 - Pair up!





# IRONING - Get It Straight



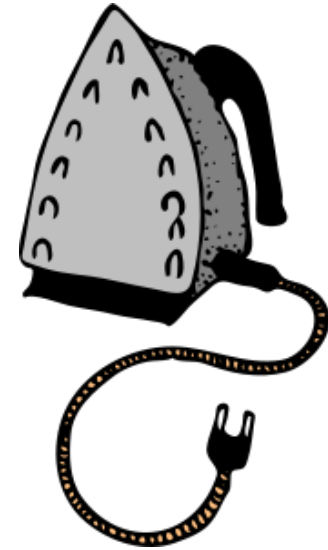
# Ironing



- Set up ironing area away from heavy traffic areas
- Keep cord out of walkway
- Check the label for ironing instructions
- Use the right setting for each type of fabric




# Ironing



- Lay garment out so it is flat and without wrinkles
- Use steam setting for hard to iron cotton fabrics
- Iron on the backside of certain fabrics
- Hang or fold once complete
- Unplug iron when not in use and empty water tank

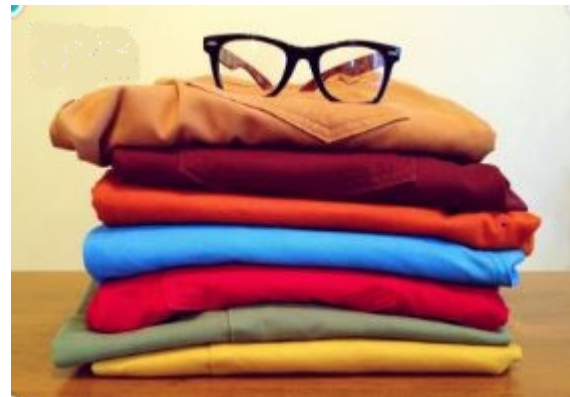




# STORING CLOTHES

## Hang or Fold

# Storing Clothes

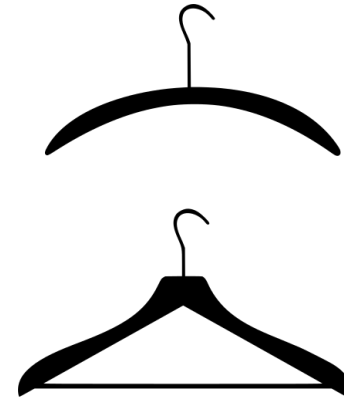


- Fold or hang clothes immediately after drying to reduce wrinkles
- Consider rolling items such as t-shirts, socks or underwear to save space in drawers

[Saving Space - video](#)



# Storing Clothes



- Hang shirts, dresses blouses, jackets etc. on a hanger the same way you want them to fit on your body.
- Button top button to avoid slipping off of the hanger.
- Fold sweaters or hang them using this method:

[How to Hang Sweaters](#) (Right click link and select "Open Hyperlink")



# Activity #4: Folding Sheets

VIDEOS (right click on link and click open hyperlink)

[Folding Flat Sheet \(3:22 minute mark\)](#)

[Folding Fitted Sheet \(5:00 minute mark\)](#)

[Folding Fitted Sheet – \(Funny\)](#)



